

WELCOME TO THE 44TH HELSINKI CUP

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OFFICES & CONTACT DETAILS

HELSINKI CUP OFFICE

(In tournament office's premises during July 1st until 12th)

Address: Urheilukatu 5, 00250 HELSINKI Telephone: +358 40 6408 750 Email: helsinkicup@helsinkicup.fi Internet: www.helsinkicup.fi

HELSINKI CUP TOURNAMENT OFFICE (DURING JULY 4TH UNTIL 12TH) ROYAL CLUB, HELSINKI ICE HALL

Opening hours:

- Thursday, July 4th, from 4:00 P.M. to 8:00 P.M.
- Friday, July 5th, from 10:00 A.M. to 8:00 P.M.
- Saturday, July 6th, from 10:00 A.M. to 8:00 P.M.
- Sunday, July 7th, from 10:00 A.M. to 8:00 P.M.
- From Monday, July 8th until Friday 12th, from 8:00 A.M. to 9:30 P.M.
- Saturday, July 13th: contact the tournament office by phone

Address: Nordenskiöldinkatu 11–13, 00250 HELSINKI

Telephone: +358 40 6408 750 Email: helsinkicup@helsinkicup.fi Internet: www.helsinkicup.fi Results: https://helsinkicup.torneopal.fi/

OTHER IMPORTANT NUMBERS DURING THE TOURNAMENT:

Helsinki Cup tournament office service numbers:

+358 40 6408 750 / +358 40 6408 751

Incorrect results:

+358 40 6408 750

Supervising referee: +358 40 6408 752 Helsinki Cup first aid:

+358 40 6408 753

General emergency number: 112 **Lost & found:** Lost items can be inquired from the field staff. Valuables, like phones and wallets, will be delivered to the tournament office.



BEFORE THE TOURNAMENT

THE MATCH SCHEDULE WILL BE PUBLISHED ON JUNE 14TH 2019

All teams must fill in their player lists to https://helsinkicup.torneopal.fi/ before registering at the tournament office. The list must contain the players' names and game numbers.

- Teams can field two players who were born a year before the age group of the series in question. These players cannot play in any other teams.
- A tournament-specific permit for overaged players can be requested by 30 June 2019 via email at helsinkicup@helsinkicup.fi.
- If the playing right of a player participating in the tournament are held by a different club than the one the player is representing in the tournament, the coach of the player's own team or the team leader must provide a notification of the matter no later than June 30th 2019 by email at helsinkicup@helsinkicup.fi.
- Each team must register at the tournament office before the first match and preferably on the previous day. A representative of the team (the person may also be other than the specified contact person) must visit the office in person and will be handed out a tournament briefcase and wristbands. Please note, unlike in the previous years, this procedure also applies to teams with accommodation packages.
- Registration at the tournament office opens at 4 P.M. on Thursday the 4th of July. More precise opening hours can be found under the tournament office details.
- When a team registers, the player list is locked and can no longer be changed.

Teams requiring accommodation

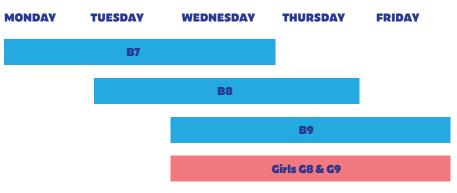
must state their arrival time, provide accommodation/room lists, and state any food allergies upon making their reservations in accordance with the instructions provided.

AGE GROUPS & THE WEEK'S SCHEDULE BOYS & GIRLS (AGE GROUPS 7-9)

AGE GROUP	DATE OF BIRTH	TACTIC	GAME TIME	BALL	THROW-IN	RETREAT
B9 8 G9	1 Jan 2010 or after	5 vs 5	2 x 14 min	3	Throw-in	No
B8 8 G8	1 Jan 2011 or after	5 vs 5	2 x 14 min	3	Kick/Dribble	No
B7	1 Jan 2012 or after	5 vs 5	2 x 14 min	3	Kick/Dribble	Yes

PLEASE NOTE! In the 7-9 years age group the goalkeeper can take the goal-kick with either a throw or a kick.

SCHEDULE FOR THE WEEK



The teams are divided into 3 different division levels (elite/general/entry-level). The teams will play 6 games between the teams in their respective division/level, 2 games per day. Standings are not counted. In the age group of 7-9 years, game numbers are not mandatory. The teams will receive medals and diplomas upon registration at the tournament office.

BOYS (AGE GROUPS 10-17)

AGE GROUP	DATE OF BIRTH	TACTIC	GAME TIME	BALL	OFFSIDE
B17	1 Jan 2002 or after	11 vs 11	2 x 25 min		Yes
B17H	1 Jan 2002 or after	11 vs 11	2 x 25 min		Yes
B15	1 Jan 2004 or after	11 vs 11	2 x 25 min		Yes
B15H	1 Jan 2004 or after	11 vs 11	2 x 25 min		Yes
B14	1 Jan 2005 or after	11 vs 11	2 x 20 min		Yes
B14H	1 Jan 2005 or after	11 vs 11	2 x 20 min		Yes
B13 11v11	1 Jan 2006 or after	11 vs 11	2 x 20 min	4	Yes
B13 8v8	1 Jan 2006 or after	8 vs 8	2 x 20 min	4	Yes
B13H	1 Jan 2006 or after	8 vs 8	2 x 20 min	4	Yes
B12	1 Jan 2007 or after	8 vs 8	2 x 20 min	4	Yes
B12H	1 Jan 2007 or after	8 vs 8	2 x 20 min	4	Yes
B11	1 Jan 2008 or after	8 vs 8	2 x 15 min	4	Area*
B11H	1 Jan 2008 or after	8 vs 8	2 x 15 min	4	Area*
B10	1 Jan 2009 or after	8 vs 8	2 x 15 min	4	Area*
B10H	1 Jan 2009 or after	8 vs 8	2 x 15 min	4	Area*

*Offside area starting from the edge of the penalty area.

PRELIMINARY DIVISIONS SCHEDULE FOR THE WEEK

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				A FINALS	
PRELIMINARY DIVISIONS			B FINALS		
			C FINALS		
E	NTRY-LEVEL	SERIES	ONE FOLLOW-UP GAME		

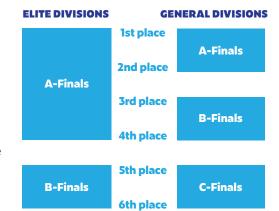


The teams are initially divided into groups of six (6) or possibly five (5) teams.

The preliminary rounds are played in a round-robin format from Monday to Wednesday, and the teams placed first and second in the **general** groups will continue on to the A finals, teams placed third and fourth will go on to the B finals, and teams placed fifth and sixth will continue on to the C finals. In the **elite** groups, the teams placed from first to the fourth will continue on to the A finals, while the teams placed fifth and sixth will go on to the B finals. The A, B and C finals are played in knock-out mode until the finals. The losing team is always knocked out from the tournament.

In the BIOH to BI7H entry-level series, the preliminary group matches are played from Monday to Wednesday. In addition, all teams will play one match on Thursday. No other follow-up games.

FROM PRELIMINARY TO KNOCK-OUT MATCHES





GIRLS (AGE GROUPS 10-18)

AGE GROUP	DATE OF BIRTH	TACTIC	GAME TIME	BALL	OFFSIDE
618	1 Jan 2003 or after	11 vs 11	2 x 25 min		Yes
G14-15	1 Jan 2005 or after	11 vs 11	2 x 25 min		Yes
613	1 Jan 2006 or after	8 vs 8	2 x 20 min		Yes
612	1 Jan 2007 or after	8 vs 8	2 x 20 min		Yes
G11	1 Jan 2008 or after	8 vs 8	2 x 15 min		Area*
G10	1 Jan 2009 or after	8 vs 8	2 x 15 min		Area*

*Offside area starting from the edge of the penalty area.

SCHEDULE FOR THE WEEK

WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
PRELIMINARY D	IVISIONS	FOLLOW-UP GAMES, A AND B FINALS	ELITE DIVISION'S A FINALS
After the preliminary Ceneral and e		ntry-level Flite d	ivision's finals are

ivisions, teams proceed o A and B finals. B finals re always played until the nal whistle and winners are herited with trophies. divisions' finals are played on Friday. Both divisions four pest teams are merited with medals. Elite division's finals are played on Saturday and four best teams are merited with medals.

ABOUT THE TOURNAMENT DIVISIONS

All the divisions are played as separate competitions, ie teams do not face teams from other divisions during the tournament (for example elite vs general match-ups are not possible). In each division, the teams are divided into 2-3 groups of five teams. After the first group stage, the teams will continue into A or B finals as follows:

2 GROUPS => TEAMS PLACED 1-3 TO PROGRESS TO A FINALS; TEAMS PLACED 4-5 GO TO B FINALS

3 GROUPS => TEAMS PLACED 1-2 AND TWO OF BEST * 3RD PLACED TEAMS PROGRESS TO THE A FINALS; THE WEAKEST * THIRD-PLACED TEAM AND TEAMS PLACED 4-5 PROGRESS TO THE B FINALS.

PROGRESSING TEAMS ARE DECIDED BY 1. POINTS, 2. GOAL DIFFERENCE, 3. GOALS SCORED, 4. IF THERE'S STILL NO DECIDING FACTOR, THE TEAM(S) PROGRESSING WILL BE DECIDED WITH A DRAW.

Both A and B finals are played in knock-out mode through to the finals. The defeated team drops from the tournament. On Saturday, only the Elitelevel A finals are played. All the other teams' matches will be played on Friday.

If the setup differs from the above instructions, a new format will be announced at the time of publication of the schedule on 14th of June. This can occur if the number of teams in a division is not divisible by five. The format may differ significantly from the aforementioned but teams will still play as many games as scheduled in the division plan.

TAG YOURSELF INTO THE TOURNAMENT! #HELSINKICUP #MYHELSINKI

YOUR PHONE IS YOUR TICKET.

Single and day tickets available on your mobile. Download the HSL app and discover the capital region.

Your ticke

App Store





Helsinki Region Transport



The teams must be dressed and ready to play at least 15 minutes before the match begins. If the teams cannot be distinguished from each other, the team mentioned last in the match schedule (the away team) must change their shirts (bibs can be used as away shirts). The goalkeeper's shirt must clearly stand out from the other shirts. There is no limit to the number of players in a team in the tournament. However, the team size is limited to 18 players per match. There is no limit to the number of substitutions. The players in the team who do not participate in the match and exceeding the maximum of 18 players, they must follow the game by a clear distinction to the team's substitute players (ie not in game outfit at the bench).

RESERVE PITCHES

If it is necessary to move matches to reserve pitches, the match location and time will be updated on https:// helsinkicup.torneopal.fi/ or into the tournament application. Additionally, the team contact person will be notified by a text message (SMS). If it is necessary to move a significant number of matches to reserve pitches, the tournament organiser reserves the right to shorten the match duration. If this decision is taken, all matches in the age group in guestion will be shortened into the same duration. The tournament app has the latest and updated information on the match schedule.

OBJECTIONS

GET IT ON

Google Play

Objections on tournament rules and football rules can be raised by a team competing in the same division. Objections regarding the pitch or equipment will not be investigated if the objection is not presented to the referee prior to the beginning of the game. Objections must be raised to the referee immediately after the match before the referee leaves the match location. A detailed objection must be submitted in written form to the tournament office within two hours after the end of the match. The objection fee is EUR 100. This sum will be refunded if the objection is sustained. The jury's decision is final and cannot be appealed further.

The referee's decisions regarding the game are final according to clause §5 in football rules. Objections to these decisions, in general, cannot lead to a re-match. Despite this, the Jury reserves the right to assign a re-match if the referee has made a decision against the rules.

INCORRECT RESULTS & CORRECTIONS

Please inform the tournament office of any incorrect results and corrections. Tel. +358 40 6408 750 / +358 40 6408 751

THE KNOCK-OUT MATCHES WILL BEGIN ON THE 11TH OF JULY 2019

Team contact people are kindly requested to check the match schedule at http://helsinkicup.torneopal.fi/ or the tournament application.

FRIENDLIES

Teams that have been knocked out of the tournament can play friendlies on Thursday July 11th and Friday 12th. The teams will share the referee fee between them. You can call the tournament office: +358 40 6408 750 / +358 40 6408 751.

OTHER

The tournament rules are available in full on the tournament website at www.helsinkicup.fi.





TEAMS WITH ACCOMMODATION

Teams who have booked the tournament package must let us know their arrival time, provide accommodation/rooming lists, and state any food allergies in accordance with the instructions provided by our sales team. Player lists (filled in completely, including game numbers) and details of the background staff must be entered on the team management page at

https://helsinkicup.torneopal.fi/taso/login.php Teams can log in using the team code they received by email upon registration.

ARRIVAL AT HOTEL/SCHOOL, REGISTRATION AND PICKING UP THE TOURNAMENT MATERIAL (PACKAGE)

For teams with hotel accommodation, check in starts at 3 PM upon the day of arrival and Rooms must be checked-out 12 PM on the day of departure. In case you've arrived to Helsinki earlier, it may be possible for you to keep your luggage in the hotel's luggage storage room. More information can be obtained from the hotel's front desk.

Teams can check-in into school accommodations at any time a day before the first game or during the morning of the first match according to your booking.

Please note: every team must register at the tournament office before their first match (unlike previous years this also applies to teams with the accommodation package).

- Registration at the tournament office will open on Thursday, July 4th at 4 PM.
- Detailed opening hours can be found in the tournament office info.
- After registering, the team's player list is locked and it cannot be changed.



• Our guides will meet the teams at the railway or coach station, harbour or airport, and escort them to their accommodation. The guide will bring your HSL public transit travel cards along with them if necessary.

- The guides will help teams to get from their accommodation to the match venues and to the tournament restaurant.
- The guides are based at the accommodation sites and they are available to help teams throughout the tournament.

ACCOMODATION RULES

We kindly ask all teams who have booked tournament accommodation to follow these instructions and rules, which are applied to both hotel and school accommodation. The team leader or other assigned person who is responsible for the group is obliged to sign the rule form upon arrival.

- Only guests staying at the hotel or school can stay in the accommodation. Outsiders will not be permitted.
- No ball games or other activities which can harm and/or damage the accommodation premises or any movables within are allowed.
- The team residing in the accommodation is financially responsible for any damage done to the premises or movables.
- Making noise and other disturbing behaviour is to be avoided at all times.
- No smoking inside the accommodation premises. Smoking is only allowed at designated areas.
- Guests are responsible for their own valuables in the hotels, please use the safety locker to store valuables.
- It is prohibited to move any furniture or other moveables outside the room(s).
- Teams in school accommodations are responsible of keeping the classes tidy and will pick up litter into the bins.

<image>

estaurant is located of the Helsinki urant's address is u 11–13. The entrance to

11 1 1

Breakfast is served at the accommodation site, and lunch and dinner are served at the tournament restaurant. Some of the teams have the opportunity to eat at the school in Käpylä. The tournament restaurant is open from dinnertime on Sunday 7th until lunchtime on Saturday 13th. The meals included in the accommodation package start on the day of arrival with dinner and end on the day of departure with lunch, unless otherwise agreed (purchased). Lunch is served between 11 AM and 3 PM and dinner is served between 3:30 PM and 9 PM each day.

Hot food is served, in addition to grated vegetables or green salad, bread and spread, and drinks (water, milk, or juice), as well as a fruit.

NOTE: The tournament restaurant only serves teams who have booked the meals in advance.

KIOSKS

Helsinki Cup kiosks can be found on almost all the fleld areas. Kiosks' selection include coffee and soft drinks, finger food such as subs, hot dogs and local delicacies, meat pies. Kiosks' also have candy, ice-cream, pastries and chips. Love the Ball Center, situated at the Käpylä field area, also serves hot food.

A Helsinki Cup smart wristband, if loaded with credits, can be used as payment at the kiosk. More information on the tournament wristband can be found on page 18. The kiosks will keep you energized well before the first game in the morning until the last game in the evening.

Helsinki Cup's Partners offering the wide selection at kiosks:

Vasan 😥 🔬 💒 ኛ 🐨 Fitness Non Rada

IGV

KRI

INSTALL THE HELSINKI CUP APP!

The app now allows you to register and enabling you to personalize your features inside the app. Sign up and choose your favourite team, and you will be able to keep track of their progress in the tournament. The app includes the Helsinki Cup Challenge competition for juniors playing in the tournament. When challenges are completed and approved, they can be saved on the player's card if the wristband has been registered on the app. If you have loaded money on your wristband, the PLAYER'S CARD will show the outstanding balance.

- Register to make full use of Helsinki Cup benefits
- Helsinki Cup Challenge team competition for juniors
- Match schedule
- Real-time results
- Pitch locations and routes
- Important news and announcements
- Parking areas
- Food menu (Helsinki Ice Hall, only for teams who have reserved meals)
- Love The Ball Center schedule and performers

FOLLOW YOUR FAVOURITE TEAM!

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HELSINKI CUP CHALLENGE

The Helsinki Cup Challenge is an immersive and exciting challenge competition for players of all ages. A diverse range of tasks enables players to challenge themselves, their teams, and other teams. What is the best supporters' chant for your team? Who can clock up the fastest time?

The challenge points are situated in the Love the Ball Center and in other locations. Every player can track their own performances on the Helsinki Cup app. The challenges are registered using the Helsinki Cup smart wristband and are shown on the player's own virtual card, showing the challenge locations and results.

The team that collects the most points in each age group will be entered into a draw, where the top prize will be a weekend of coaching for the team at the Sami Hyypiä Academy. What could be more inspiring than to follow in the footsteps of Sami Hyypiä, one of Finland's most successful footballers?

INSTRUCTIONS:

- 1. Install the mobile app and register.
- 2. There is a Helsinki Cup Challenge section in the app.
- 3. When the tournament begins, you will receive a smart wristband from your team leader.
- 4. Register the smart wristband on the app.
- 5. Look for Helsinki Cup Challenge points and activate your results on the app using the smart wristband.

In need of assistance please contact: asiakaspalvelu@corego.fi

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THE HELSINKI CUP SMART WRISTBAND

The Helsinki Cup smart wristband brings a totally new dimension to the tournament while being extremely practical. All participants in the Helsinki Cup will receive their own tournament wristband, which can be registered on the Helsinki Cup mobile app by juniors or parents in the **MY ACCOUNT** section.

Players can load money on their accounts before the tournament begins and, by activating the smart wristband on their own accounts, they can use it to pay for purchases at the Helsinki Cup kiosks and sales outlets. There is no need to carry any cash, and any money left over after the tournament will be refunded. Parents can also register themselves on the Helsinki Cup mobile app to keep track of their children's accounts and purchases, and to load more money onto the wristband if necessary.

The wristband also acts as a meal ticket for the teams that have paid for meals in advance. The wristband also allows entry into the Helsinki Cup Summer Party and the final matches on Saturday. The wristband also includes a free ticket to the Korkeasaari Zoo.

The Helsinki Cup smart wristbands are given out at the tournament office to the person responsible for each team during registration (team players + four background staff). The wristbands are designed so that they are easy to wear and they do not interfere with play. For safety reasons, players should not remove their wristbands while they are still in the tournament.





Turnausrannekkeella ilmaiseksi Korkeasaareen! Free entry with tournament wristband!

Korkeasaari 200

OPENING CEREMONY & PARADE

MONDAY JULY 8TH 2019

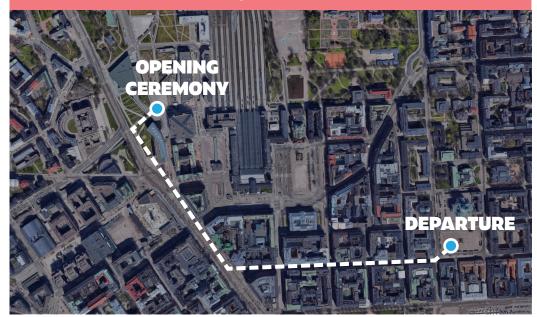
The opening ceremony is guaranteed to be one of the finest experiences of the tournament week: friends, international carnival atmosphere, performers and a lively program. The event starts with a parade through the city, which is intended to announce the beginning of the tournament week in Helsinki. Helsinki Cup – one great big party!

- Meeting at 7:30 P.M. at the Senate Square.
- Opening ceremony at 8:00 P.M. at Kansalaistori.
- The opening ceremony will end at approximately 9:00 P.M.

We hope that all teams will participate in the tournament's opening ceremony and wear their team's kit. The most visible and loudest team will win an award!



DEPARTURE & MEETING (Senate Square) > OPENING CEREMONY (Kansalaistori)



LOVE THE BALL CENTER

Love the Ball Center is an oasis of good vibes right in the middle of the Helsinki Cup. The center offers a variety of entertainment and a great atmosphere throughout the tournament for players, their parents and other tournament goers.

Love the Ball Center located at the Käpylä Sports Park is a great place to relax, prepare for future matches, enjoy the cafe's refreshing beverages and snacks and explore the many exhibitions of our tournament partners. At the center of the area is a stage with a variety of shows throughout the day. In addition, Love the Ball Center offers first aid and tournament information.

RECHARGE YOUR BATTERIES AND ENJOY THE POSITIVE ENERGY AT LOVE THE BALL CENTER!

FURTHER INFORMATION

- LOVE THE BALL CENTER
- Location: Käpylä Sports Park: Mäkelänkatu 72, 00610 Helsinki
- Love the Ball Center has partners' activity points and competitions as well as other fun program every day. You can find more detailed info on our website www.helsinkicup.fi
- At the center you can find Intersport's official tournament shop
- Opening hours: Monday 8th from 10 AM until 6 PM, Tuesday 9th until Friday 12th from 10 AM until 7 PM.
- Helsinki Cup cafe open daily from 7:30 AM.

Summer events

 Summer events

 Summer events

Summer day tips

There is plenty to do in Helsinki for the whole family. Do you fancy island hopping, swimming or feeding animals?

Top 5

1) Oodi Central library *Töölönlahdenkatu 4*

2 Natural History Museum *Pohjoinen Rautatiekatu 13*

Belsinki Zoo Mustikkamaanpolku 12

4 Linnanmäki Amusement Park, *Tivolikuja 1*

5 Seurasaari Open-Air Museum, Seurasaari Island

Island hopping

Suomenlinna, Vallisaari and Lonna have easy access from the Market Square and can all be reached by one waterbus.

Uunisaari is located in front of Kaivopuisto and

Pihlajasaari has a ferry service from both Kaivopuisto and Ruoholahti.

Where to eat?

Putte's Bar & Pizza Kalevankatu 6

Sandro Kolmas linja 17 and Kortteli Kamppi 5.krs

Naughty BRGR Lönnrotinkatu 13

City Center Kaivokatu 8, 2nd floor, opposite Central Railway Station

Other favourites

Fallkulla Domestic Animal Farm Malminkaari 24

Helsinki City Museum, Children's Town Aleksanterinkatu 16

Adventure Park Korkee Mustikkamaanpolku 2

Tennispalatsi – cinema complex, cafés, restaurants and Helsinki Art Museum HAM, Salomonkatu 15

Let's swim!

Swimming stadium

Three swimming pools to cool off on a hot summer's day: a 50-metre pool, a diving pool and a kid's pool. *Hammarskjöldintie 5*

Kumpula outdoor swimming pool is a favorite among families. There is a 25-metre pool, a diving pool, a kids' pool and a paddling pool, as well as an exercise area, a beach volleyball and basketball court, a chess area, a bouncy castle and a café. *Allastie 1*

At **Hietaniemi Beach** you can swim and play beach volleyball and basketball. There is also a playground, changing rooms and a café-restaurant. Nearby you can play mini-golf. *Hiekkarannantie 11*

Aurinkolahti Beach Aurinkoranta 15, Vuosaari

Allas Sea Pool is located next to Market Square.

MyHelsinki.fi Your local guide to Helsinki.



Helsinki



HIGHLIGHTS Activities not to be missed!

YOU CAN ALSO FIND A TON OF ACTIVITIES AT HELSINKI CUP OTHER THAN FOOTBALL.

Monday 8th of July	Opening ceremony Senate Square, 7:30 PM
Tuesday 9th of July	Leaders' Party (A party for the accommodating teams' staff)
Wednesday 10th of July	Jaffa Disco
Thursday 11th of July	Follow-up matches
Friday 12th of July	Semifinals and finals for lower divisions
Saturday 13th of July	A finals (Pitches 1&2)

HELSINKI CUP 2020

The 45th Helsinki Cup will be held on week 28 of 2020, from Monday 6th until Saturday 11th of July 2020. Registration for the tournament opens on September 16th 2019!



DEEP IN THE GAME

Name sponsor

C MORE

Main partners



Event partners



Hartwall Jaffa & Helsinki Cup ESITTÄÄ



10.7.2019, klo 18:00-21:30 **Allas Sea Pool,** Helsinki

HARTWALL JAFFA

#HELSINKICUP



#myhelsinki

CONTACT DETAILS

Helsinki Cup, Urheilukatu 5, 00250 HELSINKI +358 40 640 8750 | helsinkicup@helsinkicup.fi | www.helsinkicup.fi

ACCOMMODATION SALES TEAM

sales@helsinkicup.fi | +358 40 680 4006

SOCIAL MEDIA







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