

WELCOME TO HELSINKI CUP 2022!

After two out of the ordinary summers, we strongly believe and hope that Helsinki Cup, as well as the whole of Finland, will return back to normal for the summer of 2022. The last two summers have underlined the importance of football and sports activities in general in children's lives. The pure joy of our participants during the 4,000+ games played in this year's Helsinki Cup serves as evidence of the sport's significance.

The 2022 summer tournament will be the 47th consecutive time children and youth get to enjoy the highlight of the summer on the Helsinki Cup pitches. Even abnormal circumstances have not broken the tradition of one of the biggest football tournaments in the world.

Next summer the legacy goes on in a tournament that remains loyal to its values: Helsinki Cup is tolerant, equal, international and respectful to all its participants, boys and girls. Particularly the rise of girls' football is remarkable as the 2021 tournament broke its all-time high in participating girls' teams – no less than 250!

For making all of this possible, an unconditional thank you must go to not only the city of Helsinki and our other partners, but also to every single player, parent, coach and team manager whose faith in Helsinki Cup hasn't faltered even at moments of uncertainty. Words can't describe the gratitude I feel for the trust and support we've received from you during the last year and a half. Thank you from the bottom of my heart.

For the summer of 2022 we're again expecting over 20,000 players and 1,400 teams from Finland and all over the world, to provide them with the highlight of their summer in a first-class setting. As the tournament grows, we want to offer the full Helsinki Cup experience and will be investing in the events not only on the pitch but outside of it as well. Come and join us again next year to create a communal event that spreads the message of joy and unity all over Helsinki!

A warm welcome to Helsinki,

Kirsi Kantunne

Kirsi Kavanne CEO, Helsinki Cup



TOURNAMENT INFO

WHAT AND WHERE?

Helsinki Cup 2022, Helsinki

WHEN?

11th-16th July 2022

AGE GROUPS:

Boys B7-B17 (2015-2005) Girls G7-G18 (2015-2004)



GIRLS 67-615, 618

AGE GROUPS G7-G9

- Teams will play six matches against teams of the same level
- No points or league tables will be counted, and a knock-out phase will not be played
- All players will be awarded a medal for participation
- Team entry fee: €345

AGE GROUPS G10-G18

- Teams will be placed in groups of five for the group stage of the tournament
- Teams will only play against other teams of the same level
- After the group stage, the teams will be divided into A and B cup stages and the cup stages A and B will be played up to the final match
- The four best teams from the final of cup stage A will be awarded medals and the winners of the B cup final will be awarded a trophy
- The General and Entry-level finals will be played on Friday, only the Elite-level final will be played on Saturday
- Team entry fee: €370

The team level should be selected during registration, and it can be changed up until 30 April 2022. The tournament organiser reserves the right to change a team's level and to combine levels as one series if this is considered necessary.

In the age groups G10-G18 the **General and Entry-level** games start on Tuesday. The **Elite-level** games start on Wednesday.

	DATE OF DIDTH	FORMATION	CARAC TIRAC	DALL	OFFEIDE	I FUFL 6	MATCHDAVC
	DATE OF BIRTH	FORMATION	GAME TIME	BALL	OFFSIDE	LEVELS	MATCHDAYS
G7	1.1.2015	5v5	2 x 14 min	3	-	Elite/General/Entry	Wed-Fri
G8	1.1.2014	5v5	2 x 14 min	3	-	Elite/General/Entry	Wed-Fri
G9	1.1.2013	5v5	2 x 14 min	3	-	Elite/General/Entry	Wed-Fri
G10	1.1.2012	8v8	2 x 15 min	4	Area*	Elite/General/Entry	(Tue) Wed-Fri (Sat)
G11	1.1.2011	8v8	2 x 15 min	4	Area*	Elite/General/Entry	(Tue) Wed-Fri (Sat)
G12	1.1.2010	8v8	2 x 20 min	4	Х	Elite/General/Entry	(Tue) Wed-Fri (Sat)
G13	1.1.2009	8v8	2 x 20 min	4	Х	Elite/General/Entry	(Tue) Wed-Fri (Sat)
G14	1.1.2008	11v11	2 x 20 min	5	Х	Elite/General/Entry	(Tue) Wed-Fri (Sat)
G15	1.1.2007	11v11	2 x 25 min	5	Х	Elite/General/Entry	(Tue) Wed-Fri (Sat)
G18	1.1.2004	11v11	2 x 25 min	5	Х	Elite/General/Entry	(Tue) Wed-Fri (Sat)

^{*} Offside area starting from the penalty line



BOYS

B7-B15, B17

AGE GROUPS B7-B9

- Teams will play six matches against teams of same level
- No points or league tables will be counted, and a knock-out phase will not be played
- All players will be awarded a medal for participation
- Team entry fee: €345

AGE GROUPS B10-B17

- Teams will be placed in groups of five or six for the group stage of the tournament
- After the group stage, the teams will be divided into A, B and C finals groups
- All the finals groups will play up to the final match
- The four best teams from finals group A will be awarded medals
- The winners of finals groups A and B will be awarded a trophy
- The winner of final C will be awarded a trophy plate
- Team entry fee: €395

AGE GROUPS ENTRY-LEVEL SERIES B10H-B17H

- All entry-level series and B14, B15 and B17 are played 8v8
- Teams will be placed in groups of five or six for the group stage of the tournament
- After the group phase, teams will play a match on Thursday against a team that finished in the same position in a different group
- No other finals are played
- Team entry fee: €395

The team level should be selected during registration, and it can be changed up until 30 April 2022. The tournament organiser reserves the right to change a team's level if this is considered necessary.

	DATE OF BIRTH	FORMATION	GAME TIME	BALL	OFFSIDE	LEVELS	MATCHDAYS
B7	1.1.2015	5v5	2 x 14 min	3	-	Elite/General/Entry	Wed-Fri
B8	1.1.2014	5v5	2 x 14 min	3	-	Elite/General/Entry	Tue-Thu
B9	1.1.2013	5v5	2 x 14 min	3	-	Elite/General/Entry	Mon-Wed
B10	1.1.2012	8v8	2 x 15 min	4	Area*	Elite/General	Mon-Sat
B10H	1.1.2012	8v8	2 x 15 min	4	Area*	Entry	Mon-Thu
B11	1.1.2011	8v8	2 x 15 min	4	Area*	Elite/General	Mon-Sat
B11H	1.1.2011	8v8	2 x 15 min	4	Area*	Entry	Mon-Thu
B12	1.1.2010	8v8	2 x 20 min	4	Χ	Elite/General	Mon-Sat
B12H	1.1.2010	8v8	2 x 20 min	4	Х	Entry	Mon-Thu
B13	1.1.2009	8v8	2 x 20 min	4	Χ	Elite/General	Mon-Sat
B13H	1.1.2009	8v8	2 x 20 min	4	Χ	Entry	Mon-Thu
B13 11v11	1.1.2009	11v11	2 x 20 min	4	Х	Elite	Mon-Sat
B14	1.1.2008	11v11	2 x 20 min	5	Χ	Elite/General	Mon-Sat
B14H	1.1.2008	8v8	2 x 20min	5	Χ	Entry	Mon-Thu
B15	1.1.2007	11v11	2 x 25 min	5	Х	Elite/General	Mon-Sat
B15H	1.1.2007	8v8	2 x 25 min	5	Χ	Entry	Mon-Thu
B17	1.1.2005	11v11	2 x 25 min	5	Χ	Elite/General	Mon-Sat
B17H	1.1.2005	8v8	2 x 25 min	5	Х	Entry	Mon-Thu

^{*} Offside area starting from the penalty line



REGISTRATION

- You can register for the tournament at www.helsinkicup.fi
- The registration period is from 15 September 2021 to 30 April 2022

RIGHT TO PARTICIPATE & OVER-AGE PLAYERS

- Participating teams must belong to an association operating under FIFA.
- School teams will be accepted from countries where school football is favoured.
- Finnish teams must be registered with the Finnish Football Association (FFA).

 The participating club must have teams that compete in FFA junior leagues.
- In the tournament, the FFA age limits apply. Teams can make a request to the tournament organiser for exceptional permission to include over-age players for the duration of the tournament.
- The number of individual players on a team is not limited during the tournament.

INSURANCE

The Helsinki Cup does not have insurance for players, team staff members or other peo-ple who are taking part in the tournament. International players and team staff members must have valid travel insurance or other insurance that will cover any accidents that may occur during the matches and the tournament in general.

PLAYING FIELDS

All Helsinki Cup matches will take place on high-quality natural grass and (artificial) turf fields that are in excellent condition and specifically designed for football use. * The fields are convenient to access by public transport.





TOURNAMENT PACKAGE

The Helsinki Cup tournament package is the best way for your group to make the most of the tournament and coordinate all your tournament arrangements!

THE TOURNAMENT PACKAGE INCLUDES:

- · Accommodation and meals of your choice
- Helsinki Region Transport (HSL) travel cards
- Helsinki Cup guide services
- Team matches as close to your accommodation as possible
- Invitations to all events during the tournament
- Personalized customer service from the Helsinki Cup sales team
- Various offers from our partners

Our Helsinki Cup sales team will help you with all your accommodation and transport needs.

TOURNAMENT MEALS

Teams, family members and everyone else travelling with the group can enjoy nutritious tournament meals included in the tournament package for the entire Helsinki Cup week.

- Breakfast is served in the hotels/schools every morning
- Lunch and dinner are served in the tournament restaurant
- Tournament meals are available from dinner on 10 July to lunch on 16 July
- There is a vegetarian option every day

HELSINKI CUP GUIDES

Helsinki Cup guide services are available for teams that have booked the tournament package for the whole tournament week from arrival to departure.

- The guides will pick you up from the airport/harbour and take you to your accommodation
- The guides will assist you with getting from your accommodation to the playing fields, and they will help with any questions you have about the tournament or Helsinki
- The guides will be located at the hotels and schools, where they can assist you
- The guides are the link between the participating teams and the Helsinki Cup organisers
- The guides will serve teams in English or if possible in your native language

TRANSPORTATION DURING THE TOURNAMENT

A Helsinki Region Transport (HSL) travel card is included in the Helsinki Cup tournament package and entitles the holder to free use of HSL public transport for the entire tournament week.

- The card can be used for free travel during the tournament in the Helsinki area (and to some extent, Espoo and Vantaa), including the Suomenlinna ferry
- All tournament playing fields are located within a convenient distance by public transport
- Teams can also book transport to their hotel from Helsinki-Vantaa airport, the Helsinki harbours, the bus station and the railway station to the hotel by contacting the Helsinki Cup sales team
- We recommend using the comprehensive public transport system due to a lack of parking spaces in the city



ACCOMMODATION

HOTEL ACCOMMODATION

The Helsinki Cup offers quality hotel accommodation through its partners at Holiday Inn and Scandic hotels.

- All the hotels are located close to Helsinki city centre and are in the immediate vicinity of the playing fields.
- Accommodation is available in rooms for 1 to 4 guests, including amenities.
- All the hotel packages include a full Scandinavian buffet breakfast each morning (lunch and dinner are served at the tournament restaurant).
- Family members and everyone else travelling with the group are just as welcome
 to stay at Helsinki Cup's partner hotels at the same tournament rates as the
 teams Please note that accommodation with breakfast only is also available at a
 discounted price.

SCHOOL ACCOMMODATION

The Helsinki Cup tournament package is also available with dormitory-style school accommodation.

- School accommodation is available for players and team staff only. Most teams will be placed in classrooms, with a maximum capacity of 18 people per room.
- The school package includes 18 meals: 6 breakfasts (at the school), 6 lunches and 6 dinners (at the tournament restaurant).
- Teams can rent or buy mattresses and bedlinen from the tournament organiser.

RESERVATIONS AND INQUIRIES

Please contact the Helsinki Cup sales team on +358 40 680 4006 or sales@helsinkicup.fi and we will help you find the most suitable tournament package for your group.

BESIDES FOOTBALL

OPENING CEREMONY

The Helsinki Cup opening ceremony is held on the first day of the tournament on 12 July. One of the tournament's traditions is the opening procession, where tournament teams walk through the centre of Helsinki to announce the tournament officially to the whole city. The opening ceremony is a fun event where the teams compete with each other in their looks and loudness.

LOVE THE BALL CENTER

The Love the Ball Center is an oasis of good vibes right in the middle of the Helsinki Cup. It offers a variety of entertainment and a great atmosphere throughout the tournament for players, their parents and everyone else travelling with the group.

At the events, stage teams can relax, prepare for future matches, enjoy the cafe's refresh-ing drinks and snacks and explore the exhibitions of our tournament partners. Recharge your batteries and enjoy the positive energy at the Love the Ball Center!

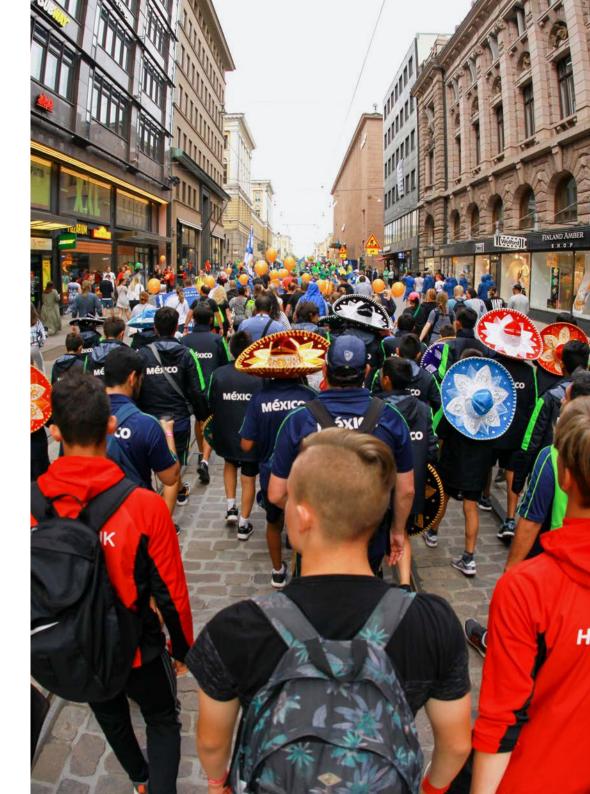
HELSINKI CUP DISCO

The Helsinki Cup's traditional disco brings the juniors together for a night full of beats and tunes. The event features top performers and will be held in the middle of the tournament week.

FUN PLACES TO VISIT DURING THE TOURNAMENT

- Suomenlinna Sea Fortress
- Helsinki Zoo
- Linnanmäki Amusement Park
- Natural History Museum
- The Swimming Stadium

Find out more: myhelsinki.fi





Welcome to Helsinki, the capital of Finland!

Helsinki is a unique and diverse city, where fascinating history meets contemporary Scandinavian style – a city whose urban cosmopolitan lifestyle exists in perfect harmony with nature. Helsinki is a compact and lively city that offers visitors endless possibilities. Even if you are staying in Helsinki for just a short

time, you can easily have a quick look at the main attractions. In Helsinki, nature is around you wherever you go. The sea is very nearby and there are several parks and recreational areas within the city. For the ultimate relaxation, you can try one of Helsinki's many saunas.



MyHelsinki.fi Your local guide to Helsinki.



Helsinki

HELSINKI CUP KARTALLA HELSINKI, FINLAND STOCKHOLM. **SWEDEN** TALLINN, ESTONIA TRAVEMÜNDE, GERMANY L BY FERRY There are daily ferry services to Helsinki from Estonia, Sweden HELSINKI, FINLAND and Germany. All the ferry companies offer the option of taking a car with you. Helsinki can also be reached by ferry from Russia and Poland. LONDON **TORONTO** FRANKFURT PARIS BEIJING MADRID (**SAN FRANCISCO** BARCELONA ROME **TOKYO PHOENIX** MIAMI MÉXICO CITY HONGKONG BANGKOK **BOGOTÁ** SINGAPORE QUITO . Helsinki can be reached easily DAR ES SALAAM from anywhere in the world. Helsinki Airport serves around 200 international flights every day. Finnair's route network covers over 1,000 destinations in 150 countries **SÃO PAULO** worldwide and the airline, together with its partner airlines, operates direct flights from Helsinki to North America and Asia. Finnair also flies **BUENOS AIRES** to over 40 cities in Europe. The trip from the airport to the city only takes around 30 minutes.

CONTACT DETAILS

Helsinki Cup

Urheilukatu 5, 00250 Helsinki, Finland

+358 40 640 8750

helsinkicup@helsinkicup.fi

www.helsinkicup.fi

ACCOMMODATION SALES TEAM

sales@helsinkicup.fi

+358 40 680 4006

SOCIAL MEDIA









ORGANIZERS





