

hel sin KI cup

10th-15th
JULY 2023

20  23

TERVETULOA! VÄLKOMMEN! WELCOME! BIENVENUE! BEM-VINDO!

WELCOME TO HELSINKI CUP 2023!

Previous Helsinki Cup summers have shown how big meaning football and recreational activities have in the lives of children and young people. We are really excited that the Helsinki Cup tournament could be organized again normally and as an international tournament this summer. The excitement was also visible among the football people, because this year the Helsinki Cup of all times was truly played: a historic 1,610 teams participated, which means there were almost 250 more teams than in the 2019 tournament, which until this summer had been the richest annual edition in Helsinki Cup's history measured by the number of teams. The records in one of the biggest junior football tournaments were also broken this year in the number of participants for both the boy's and girl's teams.

The tradition of the Helsinki Cup will continue again next summer for the 48th consecutive year. The role of the tournament, that has been played since 1976, as promoter of children's and young people's well-being and community has been preserved through the decades. And even though the tournament grows and develops every year, we'll always stay true to our values: Helsinki Cup is tolerant, equal, international and respectful to all its participants.

For the summer of 2023, we will once again welcome more than 23,000 players and 1,600 teams from all over Finland and abroad, to whom we can offer the joy of sports in a first-class framework. About 80 teams from 11 different countries abroad are participating this year, and internationality has always been the salt of Helsinki Cup. I am also really pleased about the increasing popularity of girl's football in the tournament – in the summer of 2022, more than 250 girls' teams will participate in the tournament, and we believe the numbers will continue to grow.

We work closely with the city of Helsinki, who is to thank for that Helsinki Cup is always played on high-quality and well-maintained fields. The tournament has 20 field areas around the city, all easily accessible by public transport from the center of Helsinki.

Helsinki Cup is a communal city event that conveys the joy of exercising and doing things together all over Helsinki. For making all of this possible, we'd like to thank not only the city of Helsinki and our valuable partners but also every player, parent, coach and team manager. Words are not enough to describe the gratitude I feel for your trust and support. Thank you from the bottom of my heart.

A warm welcome to Helsinki,



Kirsi Kavanne
CEO, Helsinki Cup



TOURNAMENT INFO

WHAT AND WHERE?

Helsinki Cup 2023, Helsinki

WHEN?

10th-15th July 2023

AGE GROUPS:

Boys B7-B17 (2016-2006)
Girls G7-G18 (2016-2005)

GIRLS

G7-G15, G18

AGE GROUPS G7-G9

- Teams will play six matches against teams of the same level
- No points or league tables will be counted, and a knock-out phase will not be played
- All players will be awarded diplomas and a medal for participation
- Team entry fee: €395

AGE GROUPS G10-G13

- Teams will be placed in groups of five for the group stage of the tournament
- Teams will only play against other teams of the same level (Elite, General, Entry)
- The **General and Entry-level** games start on Tuesday. The **Elite-level** games start on Wednesday.
- After the group stage, the teams will be divided into A and B finals. The follow-up games will be played in a cup format.
- The four best teams from the A finals will be awarded medals and the winners of the B finals will be awarded a trophy
- The General and Entry-level A finals will be played on Friday, only the Elite-level A finals will be played on Saturday
- Team entry fee: €430

AGE GROUPS G14-G18

- Teams will be placed in groups of five for the group stage of the tournament
- G14-G18 matchdays: Tue-Sat. G14H-G18H (ie. Entry-level) matchdays: Tue-Fri.
- After the group stage, the teams will be divided into A and B finals. The follow-up games will be played in a cup format.
- The four best teams from the A finals will be awarded medals and the winners of the B finals will be awarded a trophy
- The General and Elite-level A finals will be played on Saturday, the Entry-level A finals will be played on Friday
- Team entry fee: €450

The team level should be selected during registration, and it can be changed up until 30 April 2023. The tournament organiser reserves the right to change a team's level and to combine levels as one series if this is considered necessary.

In the age groups G10-G13 the **General and Entry-level** games start on Tuesday. The **Elite-level** games start on Wednesday.

WEEK SCHEDULE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
G14-G18	GROUP STAGE			A-FINALS	
				B-FINALS	
G14H-G18H	GROUP STAGE		A-FINALS		
			B-FINALS		
G10E-G13E		GROUP STAGE		A-FINALS	
				B-FINALS	
G10Y-G13Y G10H-G13H	GROUP STAGE		A-FINALS		
			B-FINALS		
G7-G9		G7-G9			

	DATE OF BIRTH	FORMATION	GAME TIME	BALL	OFFSIDE	LEVELS	MATCHDAYS
G7	1.1.2016	5v5	2 x 14 min	3	-	Elite/General/Entry	Wed-Fri
G8	1.1.2015	5v5	2 x 14 min	3	-	Elite/General/Entry	Wed-Fri
G9	1.1.2014	5v5	2 x 14 min	3	-	Elite/General/Entry	Wed-Fri
G10	1.1.2013	8v8	2 x 15 min	4	Area*	Elite/General/Entry	(Tue) Wed-Fri (Sat)
G11	1.1.2012	8v8	2 x 15 min	4	Area*	Elite/General/Entry	(Tue) Wed-Fri (Sat)
G12	1.1.2011	8v8	2 x 20 min	4	x	Elite/General/Entry	(Tue) Wed-Fri (Sat)
G13	1.1.2010	8v8	2 x 20 min	4	x	Elite/General/Entry	(Tue) Wed-Fri (Sat)
G14	1.1.2009	11v11	2 x 20 min	5	x	Elite/General	Tue-Sat
G14H	1.1.2009	11v11	2 x 20 min	5	x	Entry	Tue-Fri
G15	1.1.2008	11v11	2 x 25 min	5	x	Elite/General	Tue-Sat
G15H	1.1.2008	11v11	2 x 25 min	5	x	Entry	Tue-Fri
G18	1.1.2005	11v11	2 x 25 min	5	x	Elite/General	Tue-Sat
G18H	1.1.2005	11v11	2 x 25 min	5	x	Entry	Tue-Fri

* Offside area starting from the penalty line

BOYS

B7-B15, B17

AGE GROUPS B7-B9

- Teams will play six matches against teams of same level
- No points or league tables will be counted, and a knock-out phase will not be played
- All players will be awarded a medal for participation
- Team entry fee: €395

AGE GROUPS B10 -B17

- Teams will be placed in groups of five or six for the group stage of the tournament
- After the group stage, the teams will be divided into A, B and C finals groups
- All the finals groups will play up to the final match
- The four best teams from finals group A will be awarded medals
- The winners of finals groups A and B will be awarded a trophy
- The winner of final C will be awarded a trophy plate
- Team entry fee: **B10-B13** €455 / **B13 11v11 & B14-B17** €475

AGE GROUPS ENTRY-LEVEL SERIES B10H-B15H

- All entry-level series are played 8v8, except B14-15H (8v8 & 11v11)
- Teams will be placed in groups of five or six for the group stage of the tournament
- After the group phase, teams will play a match on Thursday against a team that finished in the same position in a different group
- No other finals are played
- Team entry fee: **B10H-B13H & B14-15H 8v8** €455 / **B14-B15H 11v11** €475

The team level should be selected during registration, and it can be changed up until 30 April 2023. The tournament organiser reserves the right to change a team's level if this is considered necessary.

	DATE OF BIRTH	FORMATION	GAME TIME	BALL	OFFSIDE	LEVELS	MATCHDAYS
B7	1.1.2016	5v5	2 x 14 min	3	-	Elite/General/Entry	Wed-Fri
B8	1.1.2015	5v5	2 x 14 min	3	-	Elite/General/Entry	Tue-Thu
B9	1.1.2014	5v5	2 x 14 min	3	-	Elite/General/Entry	Mon-Wed
B10	1.1.2013	8v8	2 x 15 min	4	Area*	Elite/General	Mon-Sat
B10H	1.1.2013	8v8	2 x 15 min	4	Area*	Entry	Mon-Thu
B11	1.1.2012	8v8	2 x 15 min	4	Area*	Elite/General	Mon-Sat
B11H	1.1.2012	8v8	2 x 15 min	4	Area*	Entry	Mon-Thu
B12	1.1.2011	8v8	2 x 20 min	4	x	Elite/General	Mon-Sat
B12H	1.1.2011	8v8	2 x 20 min	4	x	Entry	Mon-Thu
B13	1.1.2010	8v8	2 x 20 min	4	x	Elite/General	Mon-Sat
B13H	1.1.2010	8v8	2 x 20 min	4	x	Entry	Mon-Thu
B13 11v11	1.1.2010	11v11	2 x 20 min	4	x	Elite	Mon-Sat
B14	1.1.2009	11v11	2 x 20 min	5	x	Elite/General	Mon-Sat
B14-15H	1.1.2009	8v8	2 x 25min	5	x	Entry	Mon-Thu
B14-15H	1.1.2009	11v11	2 x 25min	5	x	Entry	Mon-Thu
B15	1.1.2008	11v11	2 x 25 min	5	x	Elite/General	Mon-Sat
B17	1.1.2006	11v11	2 x 25 min	5	x	Elite/General	Mon-Sat

* Offside area starting from the penalty line

WEEK SCHEDULE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
GROUP STAGE			A-FINALS		
			B-FINALS		
			C-FINALS		
ENTRY LEVELS			ONE FOLLOW-UP GAME		
B9					
Two day tournament					
			B8		
			Two day tournament		
			B7		
			Two day tournament		

REGISTRATION

- You can register for the tournament at www.helsinki.fi
- The registration period is from 15 September 2022 to 30 April 2023

RIGHT TO PARTICIPATE & OVER-AGE PLAYERS

- Participating teams must belong to an association operating under FIFA.
- School teams will be accepted from countries where school football is favoured.
- Finnish teams must be registered with the Finnish Football Association (FFA). The participating club must have teams that compete in FFA junior leagues.
- Foreign teams may include unlimited amount of older players in their player list, as long as they are born in the previous year than the age group. The limitation of the number of older players participating per match applies.
- The amount of players representing a team during the tournament is not limited. However, a team's roster is limited to 18 players / match. The amount of substitutes in a match is unlimited.

INSURANCE

The Helsinki Cup does not have insurance for players, team staff members or other people who are taking part in the tournament. International players and team staff members must have valid travel insurance or other insurance that will cover any accidents that may occur during the matches and the tournament in general.

PLAYING FIELDS

All Helsinki Cup matches will take place on high-quality natural grass and (artificial) turf fields that are in excellent condition and specifically designed for football use.

* The fields are convenient to access by public transport.





EARLY BIRD OFFER!

By booking the tournament package by 31st December 2022, you'll get the team entry fee fully free of charge!

TOURNAMENT PACKAGE

The Helsinki Cup tournament package is the best way for your group to make the most of the tournament and coordinate all your tournament arrangements!

THE TOURNAMENT PACKAGE INCLUDES

- Accommodation and meals of your choice
- Tournament wristbands
- Helsinki Region Transport (HSL) travel cards
- Helsinki Cup guide services
- Team matches as close to your accommodation as possible (provided the registration is done before 31 December 2022).
- Invitations to all events during the tournament
- Personalized customer service from the Helsinki Cup sales team
- Various offers from our partners

Our Helsinki Cup sales team will help you with all your accommodation and transport needs.

TOURNAMENT MEALS

Teams, family members and everyone else travelling with the group can enjoy nutritious tournament meals included in the tournament package for the entire Helsinki Cup week.

- Breakfast is served in the hotels/schools every morning
- Lunch and dinner are served in the tournament restaurant
- The serving of tournament meals start with dinner on Sunday July 9 and end with lunch on Saturday July 15. Shorter tournament packages include meals starting with dinner on the day of arrival until lunch on the day of departure.
- There is a vegetarian option every day

HELSINKI CUP GUIDES

Helsinki Cup guide services are available for teams that have booked the tournament package for the whole tournament week from arrival to departure.

- The guides will pick you up from the airport/harbour and take you to your accommodation
- The guides will assist you with getting from your accommodation to the playing fields, and they will help with any questions you have about the tournament or Helsinki
- The guides will be located at the hotels and schools, where they can assist you
- The guides are the link between the participating teams and the Helsinki Cup organisers
- The guides will serve teams in English or if possible in your native language

TRANSPORTATION DURING THE TOURNAMENT

A Helsinki Region Transport (HSL) travel card is included in the Helsinki Cup tournament package and entitles the holder to free use of HSL public transport for the entire tournament week.

- The card can be used for free travel during the tournament in the Helsinki area (and to some extent, Espoo and Vantaa), including the Suomenlinna ferry
- All tournament playing fields are located within a convenient distance by public transport
- Teams can also book transport to their hotel from Helsinki-Vantaa airport, the Helsinki harbours, the bus station and the railway station to the hotel by contacting the Helsinki Cup sales team
- We recommend using the comprehensive public transport system due to a lack of parking spaces in the city

The thrill is in your hands



The tournament bracelet benefits include:

Free entry: Helsinki Cup Disco (regular price €7)

Free entry: Helsinki Cup Finals on Fri and Sat (regular price €5/€10)

Free entry (during the tournament): Helsinki Zoo (regular price fr. €13/€20)

The wristband can be used as a payment method on tournament kiosks

+ many more! Read more about the benefits: helsinkicup.fi/en

The tournament bracelets are included in the team entry fee. **The amount of bracelets is defined by the team's series' formation:** 5v5 10 pcs, 8v8 15 pcs, 11v11 25 pcs. The bracelets are meant for both team members and players' families. Extra-bracelets can be purchased for €2 a piece.



ACCOMMODATION

HOTEL ACCOMMODATION

The Helsinki Cup offers quality hotel accommodation through its partners at Holiday Inn and Scandic hotels.

- All the hotels are located close to Helsinki city centre and are in the immediate vicinity of the playing fields.
- Accommodation is available in rooms for 1 to 4 guests, including amenities.
- All the hotel packages include a full Scandinavian buffet breakfast each morning (lunch and dinner are served at the tournament restaurant).
- Family members and everyone else travelling with the group are just as welcome to stay at Helsinki Cup's partner hotels at the same tournament rates as the teams. Please note that accommodation with breakfast only is also available at a discounted price.

SCHOOL ACCOMMODATION

The Helsinki Cup tournament package is also available with dormitory-style school accommodation.

- School accommodation is available for players and team staff only. Most teams will be placed in classrooms, with a maximum capacity of 18 people per room.
- The school package includes 18 meals: 6 breakfasts (at the school), 6 lunches and 6 dinners (at the tournament restaurant).
- The teams have two school accommodation options to choose from:
 - » **Basic package:** Includes only the accommodation
 - » **Premium package:** Accommodation, mattresses, pillows and bedlinen.

RESERVATIONS AND INQUIRIES

Please contact the Helsinki Cup sales team on **+358 40 680 4006** or **sales@helsinkicup.fi** and we will help you find the most suitable tournament package for your group.

B E S I D E S FOOTBALL

OPENING CEREMONY

The Helsinki Cup opening ceremony is held on the second day of the tournament on Tuesday 11th July. One of the tournament's traditions is the opening procession, where tournament teams walk through the centre of Helsinki to announce the tournament officially to the whole city. The opening ceremony is a fun event where the teams compete with each other in their looks and loudness.

LOVE THE BALL CENTER

The Love the Ball Center is an oasis of good vibes right in the middle of the Helsinki Cup. It offers a variety of entertainment and a great atmosphere throughout the tournament for players, their parents and everyone else travelling with the group.

This is the perfect place for teams to relax, prepare for upcoming matches, enjoy the cafe's refreshing drinks and snacks and explore the exhibitions of our tournament partners. The entertainment is guaranteed by the versatile program taking place on the event stage daily. Recharge your batteries and enjoy the positive energy at the Love the Ball Center!

HELSINKI CUP DISCO

The Helsinki Cup's traditional disco brings the juniors together for a night full of beats and tunes. The disco will feature some of the youth's favorite artists and will be held in the middle of the tournament week, on Wednesday 12th July.

FUN PLACES TO VISIT DURING THE TOURNAMENT

- Suomenlinna Sea Fortress
- Helsinki Zoo
- Linnanmäki Amusement Park
- Natural History Museum

Find out more: myhelsinki.fi



Helsinki



Welcome to Helsinki, the capital of Finland!

Helsinki is a unique and diverse city, where fascinating history meets contemporary Scandinavian style – a city whose urban cosmopolitan lifestyle exists in perfect harmony with nature. Helsinki is a compact and lively city that offers visitors endless possibilities. Even if you are staying in Helsinki for just a short

time, you can easily have a quick look at the main attractions. In Helsinki, nature is around you wherever you go. The sea is very nearby and there are several parks and recreational areas within the city. For the ultimate relaxation, you can try one of Helsinki's many saunas.

Helsinki Art Museum HAM



Tennis Palace



MyHelsinki.fi

Your local guide to Helsinki.



#myhelsinki

Helsinki

HELSINKI CUP ON THE MAP



ACCOMMODATION SALES TEAM



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PARTNERED WITH

SAARIKOSKI TRAVELS

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SOCIAL MEDIA



ORGANIZERS

